



**High-rise Residential Buildings in Dhaka, Bangladesh:
Strategies for Socially and Environmentally Sustainable
Practice**

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List of Acronyms and Abbreviations

A21 SCDC	Agenda 21 for Sustainable Construction for Developing Countries
ANOVA	Analysis of variance
BBS	Bangladesh Bureau of Statistics
BEES	Building for Environmental and Economic Sustainability
BFSCDA	Bangladesh Fire Service and Civil Defence Authority
BILS	Bangladesh Institute of Labour Studies
BIP	Bangladesh Institute of Planners
BNBC	Bangladesh National Building Code
BREEAM	Building Research Establishment Environmental Assessment Methodology
CAB	Consumers Association of Bangladesh
CIB	International Council for Research and Innovation in Building and Construction
CCTV	Closed-circuit television
CUS	Centre for Urban Studies
DAP	Detailed Area Plan
DCC	Dhaka City Corporation
DESA	Dhaka Electric Supply Authority
DESCO	Dhaka Electric Supply Company Limited
DMDP	Dhaka Metropolitan Development Plan
DOA	Department of Architecture
DoE	Department of Environment
DTCB	Dhaka Transport Coordination Board

DWASA	Dhaka Water Supply & Sewerage Authority
FAP	Flood Action Plan
FAR	Floor Area Ratio
GDP	Gross Domestic Product
HBFC	House Building Finance Corporation
HBRI	Housing and Building Research Institute
IAB	Institute of Architects, Bangladesh
IEB	Institute of Engineers, Bangladesh
JICA	Japan International Cooperation Agency
JLN	Jurisdiction List Number
KGBCC	Korean Green Building Certification Criteria
LEED	Leadership in Energy and Environmental Design
LPG	Liquefied Petroleum Gas
LSD	Least Significant Difference
MOHPW	Ministry of Housing and Public Works
NEA	National Environmental Agency Singapore
NHA	National Housing Authority
OECD	Organisation for Economic Co-operation and Development
OUA	Other Urban Areas
PV	Photovoltaic
PVC	Polyvinyl chloride
PWD	Public Works Department
RAJUK	Rajdhani Unnayan Kartipakkha
REHAB	Real Estate & Housing Association of Bangladesh
RII	Relative Important Index
SBAT	Sustainable Building Assessment Tool

SBL	Sustainable Building Lifecycle
SD	Standard Deviation
SP	Structure Plan
SPSS	Statistical Package for the Social Sciences
STP	Strategic Transport Plan
TI	Town Improvement
TPSI	Tall-Building Projects Sustainability Indicator
UAP	Urban Area Plan
UDD	Department of Urban Development
UN	United Nations
UNEP	United Nations Environment Programme
WCED	World Commission on Environment and Development
WFR	Window-to-floor area ratio
WHO	World Health Organization

Abstract

This research aims to develop strategies for socially and environmentally sustainable practice in high-rise residential buildings in Dhaka, Bangladesh. The ever-increasing demand for housing units in Dhaka is currently addressed by constructing high-rise residential buildings. More high-rise residential buildings can be expected to add to the plethora of the prevailing social and environmental problems, including pressure on utility services such as electricity, gas and water supply, lack of fire-fighting facilities, problems with solid waste disposal and non-conformance to building regulations.

The usefulness of the strategies for socially and environmentally sustainable practices for high-rise residential buildings in this research lies in a methodology that responds to the criteria set by building stakeholders and to the needs and perspectives of the specific users together with evidence on different aspects of living in high-rise residential buildings. Hence, this research has used an evidence-based research paradigm.

In this research, evidence was gathered through the application of quantitative and qualitative research methodology. The collection of data was conducted in four stages. In the first stage, socially and environmentally sustainable parameters for high-rise residential buildings that exist globally were identified through a literature survey. In the second stage, the criteria for achieving socially and environmentally sustainable practices for high-rise residential buildings were investigated through questionnaire surveys of more than 100 stakeholders, comprising of architects, planners, real estate developers, engineers and policy makers. In the third stage, the current social and environmental conditions, problems, constraints and achievements of the high-rise residential buildings in Dhaka were explored through questionnaire surveys of 117 residents in 30 high-rise residential buildings. In addition, data on the building design and construction as well as energy use records

of more than 300 apartments were collected. In the last stage, factors affecting electricity use in these residential buildings were investigated.

This research has formulated strategies for socially and environmentally sustainable practices for high-rise residential buildings for the following four stages: planning, design, construction and building operation. The strategies for socially sustainable practices developed in this research emphasise on adding value to the quality of life by focusing on maintaining culture and heritage, local employment, spatial design, maintenance and awareness and education; whereas, the strategies for environmental practices focus on proper site selection, reducing impact on ecology, adjacent properties and nearby water bodies together with improving the built environment, construction methods, building materials, waste management system and resource efficiency (with emphasis on occupant behaviour and household practices).

It should be noted that even though the strategies developed in this research are dispersed widely among a broad category of issues, the main emphasis has been on issues regarding spatial design, construction practice, resource management, maintenance and awareness and education. It is anticipated that the strategies developed in this research could be used as a guide to design, or policy to promote, sustainable high-rise residential buildings not only in Dhaka, but also in other cities worldwide, which face similar problems in terms of their demography and socio-cultural background as well as environmental problems and constraints.

Thesis Declaration

I, Tahmina Ahsan certify that this work contains no material which has been accepted for the award of any other degree or diploma in my name, in any university or other tertiary institution and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text.

In addition, I certify that no part of this work will, in the future, be used in a submission in my name, for any other degree or diploma in any university or other tertiary institution without the prior approval of the University of Adelaide and where applicable, any partner institution responsible for the joint-award of this degree.

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Tahmina Ahsan

Date: 30 May 2016

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Dedication

This thesis is lovingly dedicated to my father Syed Ahsanullah, whose last words to me, before slipping into a coma and subsequently death were to take up the PhD position “no matter what happens”.

I have kept my promise dad.....