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DOI: 10.1177/10398562231155758

**End-of-2022 stocktake update**

Dear Sir,

Since the beginning of 2021, we have developed and maintained an online resource aiming to contain all past content published in *Australasian Psychiatry* with subject matter particularly relevant for trainees of the Royal Australian and New Zealand College of Psychiatrists (RANZCP). A complete list of these articles is hosted on the journal's website (<https://journals.sagepub.com/page/apy/virtualspecialcollections>), and a total of 97 records have been included to date.<sup>1–3</sup>

Each year, we seek to update this resource with additional relevant

content for trainees that has been published in the journal. To this end, we carefully perused the six issues of the 30<sup>th</sup> volume of *Australasian Psychiatry* using the same inclusion criteria as previously to identify potential new papers to add to the collection. A further 15 articles were identified as relevant for the collection, a slight increase compared to the previous update. The titles of these articles are categorised in [Table 1](#), with the full citations available from the online collection.

Again, subject matter around trainee welfare was the modal category with six articles. These papers addressed important topics ranging from the impact of adverse workplace factors or stigma on trainees, surveying the mental health status of trainees, development of a specific trainee well-being programme, and a review on burnout. Additionally, several articles were identified that covered specific

**Table 1. Snapshot of additional resources from volume 30 of *Australasian Psychiatry***

Category	Article Title
Psychotherapy Written Case (and Psychotherapy Skills)	<ul style="list-style-type: none"> <li>• Three heads are better than one: Psychiatry trainees' experiences of a psychotherapy written case supervision group with three co-supervisors.</li> </ul>
Written Examinations	<ul style="list-style-type: none"> <li>• Single session family therapy for beginners: What difference does it make to psychiatry registrars to participate in family sessions in front of and behind the screen?</li> </ul>
Clinical Skills	<ul style="list-style-type: none"> <li>• Working towards success in the Royal Australian and New Zealand College of Psychiatrists Modified Essay Question Exam.</li> <li>• Visual hallucinations in psychiatry – what aren't we seeing?</li> <li>• ComPsych communication skills training: Applicability of simulated patients in psychiatry communication skills training.</li> <li>• Supported Decision making teaching in New Zealand postgraduate psychiatry trainees.</li> <li>• Medical emergency training for doctors and nurses in psychiatry: A quality improvement study.</li> </ul>
Formulation	<ul style="list-style-type: none"> <li>• Why is formulation daunting? A response to Bagster et al.'s 'instructions' for developing skills in formulation.</li> </ul>
Supervision	<ul style="list-style-type: none"> <li>• Remote supervision in psychiatry training: Unlocking capacity and technology.</li> </ul>
Trainee Welfare	<ul style="list-style-type: none"> <li>• Reflections on, and responses to, managerial adverse reactions to healthcare advocacy by psychiatrists and trainees.</li> <li>• Moral injury and psychiatrists in public community mental health services.</li> <li>• Transforming the journey together: Baseline findings from a longitudinal, co-designed study on psychiatry trainee experiences of training and wellbeing.</li> <li>• Stigma in consultation liaison psychiatry: A qualitative study of trainee psychiatrists.</li> <li>• A mindfulness-based cognitive therapy informed virtual psychiatry trainee wellbeing programme: Development and preliminary feedback.</li> <li>• Psychiatrist and trainee burnout: Commentary and recommendations on management.</li> </ul>

clinical or psychotherapy skills useful for trainees. Highlights of these papers include a novel approach to introducing trainees to family therapy and utilising simulated patients to improve communication skills. There were also two included articles relating to the RANZCP centrally administered assessments, a useful guide to approaching the Modified Essay Question Exam and an evaluation of a novel co-supervision arrangement for the Psychotherapy Written Case.

Finally, one of our original exclusion criteria related to training tasks that no longer remain part of the current training programme. The RANZCP's decision to abolish the OSCE altogether renders this section obsolete, and it will be removed from the online article collection.<sup>4</sup> This will maximise its utility for contemporary trainees.

Overall, this update reflects the ongoing direct relevance of reading

*Australasian Psychiatry* for trainees. We will continue to endeavour maintaining an updated resource online as new papers enter the journal.

### Disclosure

The authors declared the following potential conflicts of interest with respect to the research, authorship, and/or publication of this article: ODR holds the position of *Australasian Psychiatry's* Trainee Editor, TAB holds the position of Associate Trainee Editor, and MW is a member of the journal's Editorial Committee.

### Funding

The authors received no financial support for the research, authorship, and/or publication of this article.

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DOI: 10.1177/10398562231156726