# Population health profile of the Riverina

### Division of General Practice: supplement

Population Profile Series: No. 26a

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Interpretation of differences between data in this profile and similar data from other sources needs to be undertaken with care, as such differences may be due to the use of different methodology to produce the data.

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## Population health profile of the Riverina Division of General Practice: supplement

This profile is a supplement to the *Population health profile of the Riverina Division of General Practice*, dated November 2005, available from <a href="www.publichealth.gov.au">www.publichealth.gov.au</a>. This supplement includes an update of the population of the Riverina Division of General Practice, as well as additional indicators and aspects of the Division's socioeconomic status, use of GP services and health. The contents are:

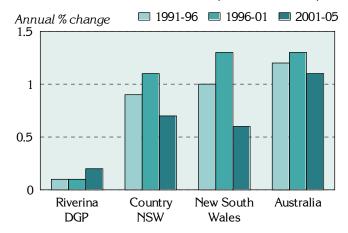
- Population [updated to June 2005]
- Additional socio-demographic indicators
- Unreferred attendances patient flow/ GP catchment
- Additional prevalence estimates: chronic diseases and risk factors combined
- Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions
- Avoidable mortality

For further information on the way Division totals in this report have been estimated, please refer to the 'Notes on the data' section of the *Population health profile*, November 2005 (www.publichealth.gov.au).

### Population

The Riverina Division had an Estimated Resident Population of 108,798 at 30 June 2005.

Figure 1: Annual population change, Riverina DGP, country New South Wales, New South Wales and Australia, 1991 to 1996, 1996 to 2001 and 2001 to 2005



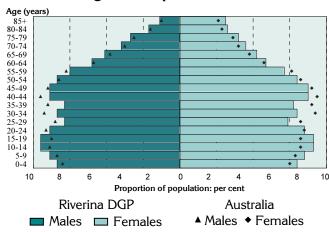
Over the five years from 1991 to 1996, the Division's population increased by 0.1% on average each year, substantially lower than in country New South Wales (0.9%) and New South Wales (1.0%). From 1996 to 2001, the annual percentage increase (0.1%) was again lower than in country New South Wales (1.1%) and New South Wales (1.3%). The low annual growth rate from 2001 to 2005 (0.2%) continued to be substantially below the levels in country New South Wales (0.7%), New South Wales (0.6%), and Australia (1.1%).

Table 1: Population by age, Riverina DGP and Australia, 2005

Age group	Riverina	DGP	Austral	ia
(years)	No.	%	No.	%
0-14	22,772	20.9	3,978,221	19.6
15-24	15,710	14.4	2,819,834	13.9
25-44	28,205	25.9	5,878,107	28.9
45-64	26,350	24.2	4,984,446	24.5
65-74	8,233	7.6	1,398,831	6.9
75-84	5,570	5.1	954,143	4.7
85+	1,958	1.8	315,027	1.5
Total	108,798	100.0	20,328,609	100.0

As shown in the accompanying table and the age-sex pyramid below (Figure 2), Riverina DGP had a lower proportion of the population aged 25 to 44 years (25.9%) compared to Australia (28.9%) (Table 1). Conversely, the 0 to 14 years, 15 to 24 years and 65 years and over age groups had higher proportions compared to Australia as a whole.

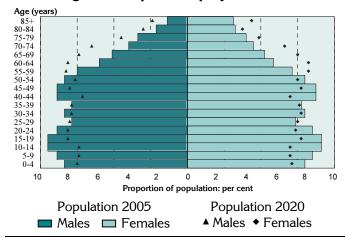
Figure 2: Population in Riverina DGP and Australia, by age and sex, 2005



The age distribution of the Division's population is generally similar to that for Australia. The most notable differences are:

- at younger ages higher proportions of children aged 0 to 14 years and young people at ages 15 to 19 years;
- from 25 to 44 years lower proportions of both males and females; and
- at older ages slightly higher proportions of both males and females aged 65 years and over.

Figure 3: Population projections for Riverina DGP, by age and sex, 2005 and 2020



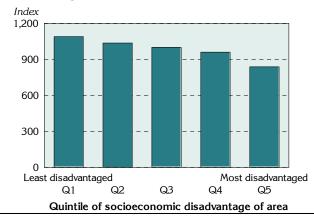
The population projections for the Division show a number of changes in age distribution, with the 2020 population projected to have:

- at younger ages much lower proportions of males and females aged 0 to 24 years;
- from 40 to 54 years lower proportions of both males and females; and
- from age 55 years higher proportions of males and females (most pronounced at ages 60 to 74 and 85+).

### Additional socio-demographic indicators

Please refer to the earlier *Population health profile of the Riverina Division of General Practice*, dated November 2005, available from www.publichealth.gov.au, for other socio-demographic indicators.

Figure 4: Index of Relative Socio-Economic Disadvantage, Riverina DGP, 2001



One of four socioeconomic indexes for areas produced at the 2001 ABS Census is the Index of Relative Socio-Economic Disadvantage.

The Riverina DGP has an index score of 985, lower than the score for Australia of 1000: this score varies across the Division, from 838 in the most disadvantaged areas to 1090 in the least disadvantaged areas.

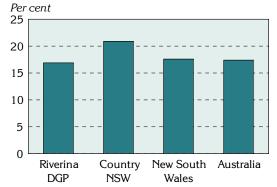
Note: each 'quintile' comprises approximately 20% of the population of the Division.

A new indicator, produced for the first time at the 2001 ABS Census, shows the number of jobless families with children under 15 years of age. There were notably fewer jobless families in the Riverina DGP (16.9%), compared with country New South Wales as a whole (20.9%) (Figure 5, Table 2).

With the introduction of the 30% rebate for private health insurance premiums, there was a once-off registration process, providing information of the postcode and residence of those who had such insurance (these data are not available at this area level for later dates). In 2001, the Division had a notably higher proportion of the population with private health insurance (52.0%), compared to country New South Wales (44.9%) (Figure 5, Table 2).

Figure 5: Socio-demographic indicators, Riverina DGP, country New South Wales, New South Wales and Australia, 2001

### Jobless families with children under 15 years old



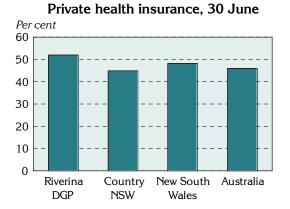
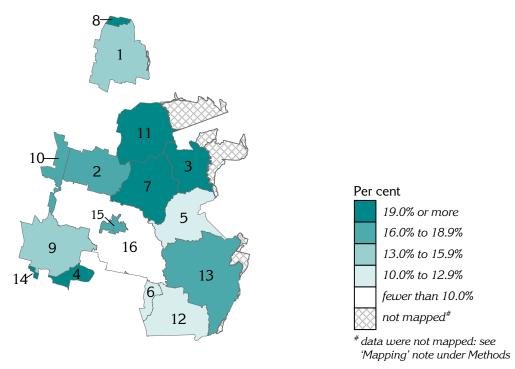


Table 2: Socio-demographic indicators, Riverina DGP, country New South Wales, New South Wales and Australia, 2001

Indicator	Riverina		iverina DGP Country NSW		New So Wales		Australia	
	No.	%	No.	%	No.	%	No.	%
Jobless families with children under 15 years old	1,986	16.9	54,883	20.9	121,409	17.6	357,563	17.4
Private health insurance (30 June)	54,020	52.0	1,061,580	44.9	3,062,382	48.2	8,671,106	46.0

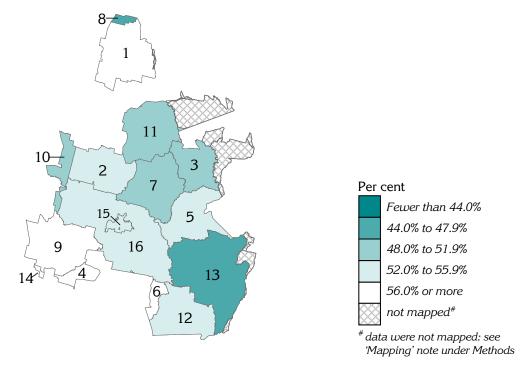
Details of the distribution of jobless families and of the population covered by private health insurance are shown by Statistical Local Area (SLA) in Maps 1 and 2, respectively.

Map 1: Jobless families with children under 15 years of age by SLA, Riverina DGP, 2001



Alphabetical	key to Statistical	Local Areas, Riverina DGP, 2001	
Bland	1	Lockhart	9
Coolamon	2	Narrandera	10
Cootamundra	3	Temora	11
Culcairn	4	Tumbarumba	12
Gundagai	5	Tumut	13
Holbrook	6	Urana	14
Junee	7	Wagga Wagga - Part A	15
Lachlan	8	Wagga Wagga - Part B	16

Map 2: People covered by private health insurance by SLA, Riverina DGP, 30 June 2001



Alphabetica	l key to Statistical	Local Areas, Riverina DGP, 2001	
Bland	1	Lockhart	9
Coolamon	2	Narrandera	10
Cootamundra	3	Temora	11
Culcairn	4	Tumbarumba	12
Gundagai	5	Tumut	13
Holbrook	6	Urana	14
Junee	7	Wagga Wagga - Part A	15
Lachlan	8	Wagga Wagga - Part B	16

### GP services to residents of the Riverina DGP

The following tables include information, purchased from Medicare Australia, of the movement of patients and GPs between Divisions. Note that the data only include unreferred attendances recorded under Medicare: unreferred attendances not included are those for which the cost is met by the Department of Veterans' Affairs or a compensation scheme; or are provided by salaried medical officers in hospitals, community health services or Aboriginal Medical Services, and which are not billed to Medicare. At any attendance, one or more services may have been provided.

The majority (91.3%) of unreferred attendances to residents of Riverina DGP were provided in the Division (ie. by a GP with a provider number in the Division): this represented 365,729 GP unreferred attendances (Table 3). A further 1.3% of unreferred attendances to residents were provided by GPs with a provider number in Murrumbidgee DGP.

Table 3: Patient flow – People living<sup>1</sup> in Riverina DGP by Division where attendance occurred<sup>2</sup>, 2003/04

Division		Unreferred a	attendances
Number	Name	No.	<b>%</b> <sup>3</sup>
228	Riverina DGP	365,729	91.3
232	Murrumbidgee DGP	5,161	1.3
329	Border DGP	3,218	0.8
222	ACT DGP	2,432	0.6
221	South East NSW	1,843	0.5
229	NSW Central West DGP	9,026	0.4
Other		22,293	5.2
Total		400,676	100.0

<sup>&</sup>lt;sup>1</sup> Based on address in Medicare records

The majority (90.8%) of unreferred attendances provided by GPs with a provider number in Riverina DGP were also to people living in the Division (ie. their Medicare address was in the Division) (Table 4). A further 2.6% of unreferred attendances by GPs in the Division were to people living in NSW Central West and 1.9% for Murrumbidgee DGP.

Table 4: GP catchment – Unreferred attendances provided by GPs<sup>1</sup> in Riverina DGP by Division of patient address<sup>2</sup>, 2003/04

Division		Unreferred a	attendances
Number	Name	No.	<b>%</b> <sup>3</sup>
228	Riverina DGP	365,729	90.8
229	NSW Central West DGP	10,441	2.6
232	Murrumbidgee DGP	7,483	1.9
329	Border DGP	3,503	0.9
221	South East NSW DGP	3,472	0.9
222	ACT DGP	1,233	0.3
Other		11,085	2.8
Total		402,946	100.0

<sup>&</sup>lt;sup>1</sup> Division of GP based on provider number

<sup>&</sup>lt;sup>2</sup> Division of GP based on provider number

<sup>&</sup>lt;sup>3</sup> Proportion of all unreferred attendances of patients with an address in Division 228 by Division in which attendance occurred

<sup>&</sup>lt;sup>2</sup> Based on address in Medicare records

<sup>&</sup>lt;sup>3</sup> Proportion of all unreferred attendances to GPs with a provider number in Division 228 by Division of patient address

### Additional prevalence estimates: chronic diseases and risk factors combined

Please refer to the earlier *Population health profile of the Riverina Division of General Practice*, dated November 2005, available from <a href="www.publichealth.gov.au">www.publichealth.gov.au</a>, for the separate prevalence estimates of chronic disease; measures of self-reported health and risk factors. The process by which the estimates have been made, and details of their limitations, are also described in the 'Notes on the data' section of this earlier profile.

In this section two estimates, which combine the prevalence of selected chronic diseases with a risk factor, are shown for the Division. The measures are of people who *had asthma and were smokers*, and people who *had type 2 diabetes and were overweight or obese*: note that the estimates have been predicted from self-reported data, and are not based on clinical records or physical measures.

It is estimated that there were relatively more people in Riverina DGP who had asthma and were smokers, compared to Australia as a whole (Figure 6, Table 5): that is, the prevalence rates per 1,000 population were higher than the national rates. However, the rates were below those for country New South Wales. There were relatively fewer people in Riverina DGP who had type 2 diabetes and were overweight or obese, compared to country New South Wales and Australia.

Figure 6: Estimates of selected chronic diseases and risk factors, Riverina DGP, country New South Wales and Australia, 2001



Table 5: Estimates of selected chronic diseases and risk factors, Riverina DGP, country New South Wales, New South Wales and Australia, 2001

Variable	Riverina DGP		Country	Country NSW		New South Wales		Australia	
_	No.1	Rate <sup>2</sup>	No.1	Rate <sup>2</sup>	No. <sup>1</sup>	Rate <sup>2</sup>	No. <sup>1</sup>	Rate <sup>1</sup>	
Had asthma and smoked <sup>3</sup>	2,340	22.8	54,344	24.7	126,542	19.7	397,734	20.8	
Had type 2 diabetes & were overweight/ obese 4	1,465	14.1	40,784	15.5	100,235	15.7	283,176	15.2	

<sup>&</sup>lt;sup>1</sup> No. is a weighted estimate of the number of people in Riverina DGP reporting these chronic conditions/ with these risk factors and is derived from synthetic predictions from the 2001 NHS

<sup>&</sup>lt;sup>2</sup> Rate is the indirectly age-standardised rate per 1,000 population

<sup>&</sup>lt;sup>3</sup> Population aged 18 years and over

<sup>&</sup>lt;sup>4</sup> Population aged 15 years and over

### Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions

The rationale underlying the concept of avoidable hospitalisations is that timely and effective care of certain conditions, delivered in a primary care setting, can reduce the risk of hospitalisation. Admissions to hospital for these ambulatory care sensitive (ACS) conditions can be avoided in three ways. Firstly, for conditions that are usually preventable through immunisation or nutritional intervention, disease can be prevented almost entirely. Secondly, diseases or conditions that can lead to rapid onset problems, such as dehydration and gastroenteritis, can be treated. Thirdly, chronic conditions, such as congestive heart failure, can be managed to prevent or reduce the severity of acute flare-ups to avoid hospitalisation.

This measure does not include other aspects of avoidable morbidity, namely potentially preventable hospitalisations (hospitalisations resulting from diseases preventable through population based health promotion strategies, e.g. alcohol-related conditions; and most cases of lung cancer) and hospitalisations avoidable through injury prevention (e.g. road traffic accidents).

For information on the ambulatory care sensitive conditions and ICD codes included in the analysis in this section, please refer to the *Atlas of Avoidable Hospitalisations in Australia: ambulatory care-sensitive conditions*, available from <a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>.

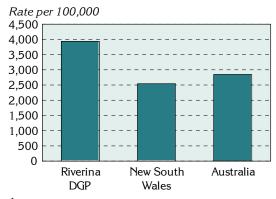
In 2001 to 2002, the 4,335 admissions from ambulatory care sensitive (ACS) conditions accounted for 12.1% of all admissions in the Riverina DGP (Table 6, Figure 7), markedly above the levels in New South Wales (8.6%) and Australia (8.7%).

Table 6: Avoidable<sup>1</sup> and unavoidable hospitalisations, Riverina DGP, New South Wales, and Australia, 2001/02

Category	Riverina DGP			New	South Wale	es	Australia			
	No.	Rate <sup>2</sup>	%	No.	Rate <sup>2</sup>	%	No.	Rate <sup>2</sup>	%	
Avoidable <sup>1</sup>	4,335	3,935.8	12.1	170,066	2,543.8	8.6	552,786	2,847.5	8.7	
Unavoidable	31,471	29,420.0	87.9	1,810,901	27,255.3	91.4	5,818,199	29,970.7	91.3	
Total	35,806	33,386.7	100.0	1,980,967	29,798.8	100.0	6,370,985	32,818.2	100.0	

<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions

Figure 7: Avoidable hospitalisations<sup>1</sup>, Riverina DGP, New South Wales and Australia, 2001/02



The rate of avoidable hospitalisations in Riverina DGP is substantially higher, a rate of 3,935.8 admissions per 100,000 population, compared to New South Wales (a rate of 2,543.8), and markedly higher than that for Australia (2,847.5).

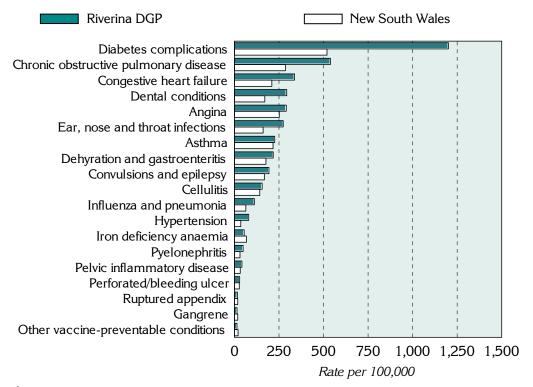
Diabetes complications, chronic obstructive pulmonary disease (COPD), congestive heart failure, dental conditions and angina were the conditions with the highest rates of avoidable hospitalisations in the Division (Figure 8, Table 7): the rates for diabetes complications and COPD were substantially higher.

Table 7 shows the number, rate and proportion of avoidable hospitalisations, for the individual ACS conditions, as well as the vaccine-preventable; acute; and chronic sub-categories. Almost two-thirds of avoidable hospitalisations are attributable to chronic health conditions. The predominance of hospitalisations for chronic conditions in this period can be primarily attributed to the large number of admissions for diabetes complications. Dental conditions; and convulsions and epilepsy have the highest rates of avoidable hospitalisations for the acute conditions.

<sup>&</sup>lt;sup>2</sup> Rate is the indirectly age-standardised rate per 100,000 population

<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions

Figure 8: Avoidable hospitalisations<sup>1</sup> by condition, Riverina DGP and New South Wales, 2001/02



<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions: excludes nutritional deficiencies as less than ten admissions

Table 7: Avoidable hospitalisations<sup>1</sup> by condition, Riverina DGP, New South Wales and Australia, 2001/02

Sub-category/ condition	Riverir	na DGP	New So	uth Wales	Austr	alia
	No.	Rate <sup>2</sup>	No.	Rate <sup>2</sup>	No.	Rate <sup>2</sup>
Vaccine-preventable	138	125.6	5,630	84.5	16,573	85.4
Influenza and pneumonia	123	111.7	4,280	64.1	13,021	67.1
Other vaccine preventable	15	13.9	1,350	20.4	3,552	18.3
Chronic <sup>3</sup>	3,028	2,728.5	106,803	1,587.0	352,545	1,816
Diabetes complications	1,324	1,200.9	34,975	519.5	141,345	728.1
Iron deficiency anaemia	59	54.5	4,494	67.0	16,451	84.7
Hypertension	88	80.3	2,398	35.7	6,354	32.7
Congestive heart failure	382	337.5	14,270	209.7	42,447	218.6
Angina	322	290.5	16,987	251.8	49,963	257.4
Chronic obstructive pulmonary disease	601	538.8	19,359	285.6	54,853	282.6
Asthma	252	226.0	14,289	216.8	41,009	211.3
Acute	1,402	1,284.9	62,543	946.0	200,913	1,035
Dehydration and gastroenteritis	232	217.7	11,725	176.4	37,766	194.5
Convulsions and epilepsy	211	193.5	11,093	168.1	31,137	160.4
Ear, nose and throat infections	309	273.6	10,615	161.1	32,075	165.2
Dental conditions	322	293.2	11,196	170.3	43,667	224.9
Perforated/bleeding ulcer	33	29.6	1,830	27.1	5,795	29.9
Ruptured appendix	18	16.6	1,212	18.5	3,866	19.9
Pyelonephritis	51	48.5	2,038	31.0	7,386	38.0
Pelvic inflammatory disease	41	42.2	2,134	32.7	6,547	33.7
Cellulitis	169	155.6	9,451	142.0	28,204	145.3
Gangrene	16	14.4	1,249	18.6	4,470	23.0
Total avoidable hospitalisations <sup>4</sup>	4,335	3,935.8	170,066	2,543.8	552,786	2,847.5

<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions

<sup>&</sup>lt;sup>2</sup> Rate is the indirectly age-standardised rate per 100,000 population

<sup>&</sup>lt;sup>3</sup> Excludes nutritional deficiencies as less than ten admissions

<sup>&</sup>lt;sup>4</sup> Sub-category and condition numbers and rates do not add to the reported total avoidable admissions: five conditions (influenza & pneumonia, other vaccine preventable, diabetes complications, ruptured appendix and gangrene) are counted in 'any diagnosis', so may be included in more than one condition group

### Avoidable mortality

Avoidable and amenable mortality comprises those causes of death that are potentially avoidable at the present time, given available knowledge about social and economic policy impacts, health behaviours, and health care (the latter relating to the subset of amenable causes).

For information on the avoidable and amenable mortality conditions and ICD codes included in the analysis in this section, please refer to the *Australian and New Zealand Atlas of Avoidable Mortality*, available from <a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>.

Almost three quarters (71.0%) of all deaths in Riverina DGP at ages 0 to 74 years over the period 1997 to 2001 are considered to be avoidable, consistent with the proportion for country New South Wales (71.6%) (Table 8). Deaths amenable to health care (amenable mortality, a subset of avoidable mortality) accounted for 30.3% of all deaths at ages 0 to 74 years in Riverina DGP, compared to 28.3% in country New South Wales.

Table 8: Avoidable and unavoidable mortality (0 to 74 years) by area, Riverina DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category	Riverin	Riverina DGP		Country NSW		outh es	Austr	Australia	
•	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	
Avoidable	1,252	242.4	29,442	234.3	66,151	213.6	189,845	211.8	
% of total	71.0	••	71.6		71.4	••	71.5		
(Amenable)	(535)	(102.8)	(11,638)	(91.2)	(26,374)	(85.0)	(76,249)	(85.1)	
(% of total)	(30.3)	()	(28.3)	()	(28.5)	()	(28.7)	()	
Unavoidable	510	98.1	11,700	92.1	26,468	85.3	75,582	84.3	
% of total	28.9	••	28.4		28.6	••	28.5	••	
Total mortality	1,763	340.4	41,142	326.4	92,619	299.0	265,427	296.1	
%	100.0		100.0		100.0		100.0		

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Rates of avoidable mortality were higher for males than for females in each of the comparator areas. Riverina DGP's rate of avoidable mortality for males was 318.8 deaths per 100,000 males, almost twice the rate of 164.7 for females. Similarly, the rate of amenable mortality for males in the Division was higher, 118.5, compared to 86.8 for females, a rate ratio of 1.37 (Figure 9, Table 9).

Figure 9: Avoidable and amenable mortality by sex (0 to 74 years), Riverina DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

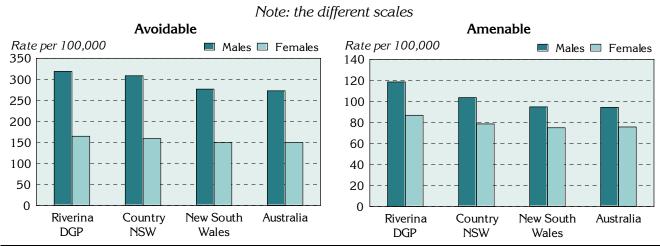


Table 9: Avoidable and amenable mortality (0 to 74 years) by sex, Riverina DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category and sex	Riverin	Riverina DGP		Country NSW		New South Wales		Australia	
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	
Avoidable									
Males	834	318.8	19,569	308.5	43,074	276.8	123,026	272.6	
Females	419	164.7	9,873	159.1	23,077	149.6	66,819	150.1	
Total	1,252	242.4	29,442	234.3	66,151	213.6	189,845	211.8	
Rate ratio-M:F <sup>2</sup>		1.94**	••	1.94**		1.85**		1.82**	
Amenable									
Males	314	118.5	6,743	103.6	14,811	94.8	42,568	94.3	
Females	221	86.8	4,895	78.6	11,562	74.9	33,681	75.7	
Total	535	102.8	11,638	91.2	26,374	85.0	76,249	85.1	
Rate ratio-M:F <sup>2</sup>		1.37**	••	1.32**	••	1.27**		1.25**	

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Another way of measuring premature mortality is to calculate the number of years of life lost (YLL)<sup>1</sup>, which takes into account the years a person could have expected to live at each age of death based on the average life expectancy at that age.

The numbers of YLL for Riverina DGP, country New South Wales, New South Wales and Australia over the period of analysis are shown in Table 10 by mortality category. However, given the substantial variation in the populations of these areas, a comparison of the proportion of YLL for each area is also shown.

YLL from avoidable mortality accounted for 70.8% of total YLL (0 to 74 years) for Riverina DGP, lower than the 71.8% for country New South Wales. The proportion of YLL from amenable mortality for Riverina DGP (29.3%) was higher than that for country New South Wales (27.6%).

Table 10: Years of life lost from avoidable mortality (0 to 74 years), Riverina DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category	Riverina DGP		Country	Country NSW		New South Wales		Australia	
	No.	% of	No.	% of	No.	% of	No.	% of	
		total		total		total		total	
Avoidable	21,631	70.8	502,860	71.8	1,147,183	71.8	3,327,375	71.9	
(Amenable)	(8,959)	(29.3)	(192,960)	(27.6)	(444, 143)	(27.8)	(1,298,430)	(28.0)	
Unavoidable	8,937	29.2	197,182	28.2	451,496	28.2	1,303,289	28.1	
Total	30,568	100.0	700,042	100.0	1,598,679	100.0	4,630,664	100.0	

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<sup>&</sup>lt;sup>2</sup> Rate ratio (M:F) is the ratio of male to female rates; rate ratios differing significantly from 1.0 are shown with p < 0.05; \*\* p < 0.01

<sup>&</sup>lt;sup>1</sup> Years of life lost were calculated using the remaining life expectancy method (this provides an estimate of the average time a person would have lived had he or she not died prematurely). The reference life table was the Coale and Demeny Model Life Table West level 26 female (for both males and females), with the YLL discounted to net present value at a rate of 3 per cent per year.

In each of the areas in Table 11, the majority of avoidable mortality at ages 0 to 74 years occurred in the 65 to 74 year age group (Table 11), with 1,533.9 deaths per 100,000 population in Riverina Division. The 45 to 64 year age group accounted for the next highest rate of avoidable death in all of the comparators, with a rate 370.9 in Riverina Division.

Table 11: Avoidable and amenable mortality by age, Riverina DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category and age (years)	Riverin	ia DGP	Country NSW		New South Wales		Australia	
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>
Avoidable								
0-14	39	31.6	738	29.0	1,836	27.5	5,669	28.8
15-24	54	71.7	938	62.6	2,241	50.9	7,045	52.8
25-44	121	79.5	3,317	99.6	8,119	82.9	24,356	83.9
45-64	443	370.9	9,755	343.5	22,358	311.1	64,282	304.9
65-74	596	1,533.9	14,694	1464.0	31,597	1,375.8	88,493	1,358.1
Total	1,252	242.4	29,442	234.3	66,151	213.6	189,845	211.8
Amenable								
0-24	37	18.4	645	15.5	1,658	14.8	5,083	15.4
25-44	28	18.1	784	23.0	1,878	19.2	5,946	20.5
45-64	198	166.1	4,060	142.9	9,444	131.4	27,464	130.3
65-74	272	701.1	6,148	613.7	13,394	582.9	37,756	579.4
Total	535	102.8	11,638	91.2	26,374	85.0	76,249	85.1

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Table 12 shows the number and age-standardised death rate by selected major condition group and selected causes included in the avoidable mortality classification.

The highest rates of avoidable mortality for the selected major condition groups in the Riverina DGP were for cancer, with a rate of 74.1 deaths per 100,000 population, and cardiovascular diseases, 81.4 deaths per 100,000 population (Table 12, Figure 10). For the selected causes within the condition groups, the two major causes of avoidable mortality were ischaemic heart disease and lung cancer, with rates of 58.4 per 100,000 population and 21.6 per 100,000, respectively.

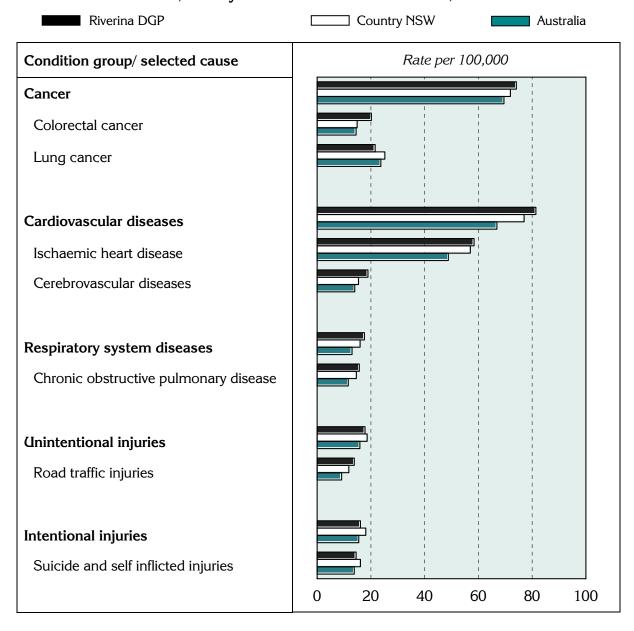
Table 12: Avoidable mortality (0 to 74 years) by major condition group and selected cause, Riverina DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Condition group/ selected cause	Riverina DGP		Country NSW		New South Wales		Australia	
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>
Cancer	384	74.1	9,239	71.9	21,158	68.1	62,338	69.5
Colorectal cancer	105	20.2	1,936	14.9	4,318	13.9	13,008	14.5
Lung cancer	114	21.6	3,314	25.2	7,297	23.4	21,208	23.7
Cardiovascular diseases	427	81.4	10,101	77.0	21,925	70.3	59,945	66.9
Ischaemic heart disease	307	58.4	7,474	57.0	15,935	51.1	43,712	48.8
Cerebrovascular diseases	99	18.9	2,015	15.4	4,656	14.9	12,558	14.0
Respiratory system diseases	93	17.6	2,136	16.0	4,313	13.8	11,612	13.0
Chronic obstructive pulmonary disease	83	15.7	1,966	14.6	3,882	12.4	10,395	11.6
Unintentional injuries	88	17.8	2,027	18.6	4,540	15.0	14,224	15.9
Road traffic injuries	68	13.8	1,279	11.8	2,528	8.4	8,138	9.1
Intentional injuries	78	16.1	1,939	18.1	4,497	14.9	13,891	15.5
Suicide and self inflicted injuries	70	14.5	1,730	16.1	3,941	13.0	12,393	13.8

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

With the exception of lung cancer, rates in the Division were above those in Australia and, with the exceptions of lung cancer and the injury categories, in country New South Wales (Figure 10).

Figure 10: Avoidable mortality (0 to 74 years) by major condition group and selected cause, Riverina DGP, country New South Wales and Australia, 1997 to 2001



### Notes on the data

### Data sources and limitations

### General

References to 'country New South Wales' relate to New South Wales excluding the Sydney Statistical Division.

#### **Data sources**

Table 13 details the data sources for the material presented in this profile.

Table 13: Data sources

Section	Source				
Population					
Figures 1 and 2; Table 1	Estimated Resident Population, ABS, 30 June for the periods shown				
Figure 3	Estimated Resident Population, ABS, 30 June 2005; Population Projections, ABS, 30 June 2020 (unpublished) <sup>1</sup>				
Additional socio-demographic indicators					
Figure 4	ABS SEIFA package, Census 2001				
Table 2; Figure 5; Map 1	Jobless families, ABS, 2001 (unpublished)				
Table 2; Figure 5; Map 2	Private health insurance, from Hansard				
GP services – patient flow/ GP catchment					
Tables 3 and 4	Medicare Australia, 2003/04				
Additional prevalence estimates: chronic diseases and risk factors combined					
Figure 6; Table 5	Estimated from 2001 National Health Survey (NHS), ABS (unpublished)				
Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions					
Tables 6 and 7; Figures 7 and 8	National Hospital Morbidity Database at Australian Institute of Health & Welfare, 2001/02; data produced in HealthWIZ by Prometheus Information (not available in public release dataset)				
Avoidable mortality					
Tables 8, 9, 10, 11 and 12; Figures 9 and 10	ABS Deaths 1997-2001; data produced in HealthWIZ by Prometheus Information (not available in public release dataset)				

<sup>&</sup>lt;sup>1</sup> The projected population at June 2020 is based on the 2002 ERP. As such, it is somewhat dated, and does not take into account more recent demographic trends: it is however the only projection series available at the SLA level for the whole of Australia.

### Methods

For background information on the additional prevalence estimates presented in this profile, please refer to the 'Notes on the data' section of the *Population health profile*, November 2005 (<a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>).

Please also refer to the November 2005 profile for information on the data converters.

### **Mapping**

In some Divisions the maps may include a very small part of an SLA which has not been allocated any population; or has a population of less than 100 or has less than 1% of the SLAs total population; or there were less than five cases (i.e. jobless families, people with health insurance): these areas are mapped with a pattern.

### Statistical geography of the Riverina DGP

For information on the postcodes in the Division, please refer the Department of Health and Ageing website <a href="http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pcd-programs-divisions-divspc.htm">http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pcd-programs-divisions-divspc.htm</a>; also included in table format in the 'Notes on the data' section of the *Population health profile*, November 2005 (www.publichealth.gov.au).

Statistical Local Areas (SLAs) are defined by the Australian Bureau of Statistics to produce areas for the presentation and analysis of data. In this Division, the Wagga Wagga Local Government Area (LGA) has been split into two SLAS – Part A and Part B (both wholly within the Division). These SLAs, and all or parts of the other SLAs listed in Table 14 comprise the Division.

Table 14: SLAs and population in Riverina DGP, 2005 on 2001 boundaries

SLA code	SLA name	Per cent of the SLA's population in the Division*	Estimate of the SLA's 2005 population in the Division
10800	Bland	64.8	4,230
11600	Carrathool	21.6	707
12000	Coolamon	81.0	3,342
12200	Cootamundra	100.0	7,623
12450	Culcairn	36.1	1,452
13500	Gundagai	91.2	3,433
13900	Holbrook	6.5	160
14050	Hume	1.8	149
14300	Junee	98.9	5,855
14600	Lachlan	2.9	212
14950	Lockhart	95.5	3,360
15800	Narrandera	4.4	289
17350	Temora	90.7	5,745
17450	Tumbarumba	80.7	2,908
17500	Tumut	99.2	11,255
17700	Urana	13.5	187
17751	Wagga Wagga - Part A	99.9	53,433
17754	Wagga Wagga - Part B	97.6	4,456

<sup>\*</sup> Proportions are approximate and are known to be incorrect in some cases, due to errors in the concordance used to allocate CDs to form postal areas. In addition, in a small number of cases, part(s) of an SLA can be allocated to another Division, sometimes several hundred kilometres away. Although adjustments have not been made to the concordance to correct these errors, the affected SLAs are highlighted in the table (shown in bold italic typeface)

### Acknowledgements

Funding for these profiles was provided by the Population Health Division of the Department of Health and Ageing (DoHA).

### Further developments and updates

When the re-aligned boundaries are released and DoHA have made known their geographic composition, PHIDU will examine the need to revise and re-publish these profiles (*Population health profile*, dated November 2005, and the *Population health profile*: supplement, dated March 2007).

### PHIDU contact details

For general comments, data issues or enquiries re information on the web site, please contact PHIDU:

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