

**THE IMPACT OF PRECARIOUS  
EMPLOYMENT IN EARLY ADULTHOOD  
ON AGE AT FIRST CHILDBIRTH:**

**Development of theoretical, methodological and  
analytical frameworks from a life course  
perspective**

**Emily J. Steele**

**BAppSc (Physio), MPH**

**Discipline of Public Health  
School of Population Health and Clinical Practice  
Faculty of Health Sciences  
The University of Adelaide  
Australia**

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## THESIS SUMMARY

The average age of Australian women at first childbirth in 2006 was 28.2 years, while the proportion of first births among women aged  $\geq 35$  years increased from 8% in 1997 to 14% in 2006. From a public health perspective, this shift has a raft of health consequences for women and children, including increased risks of miscarriage, gestational diabetes, and birth defects in the child. Furthermore, the use of assisted reproductive technologies associated with older childbearing carries risks in pregnancy, and adverse outcomes in offspring, in addition to very significant financial and emotional costs. Thus, it is imperative to understand barriers to childbearing at 'optimal' ages. Since evidence also suggests women now have fewer children than they would like, it is particularly important to investigate underlying structural determinants of older motherhood and foreshortened reproductive careers. Precarious employment conditions, related to trends in international labour markets, may play an important role in older age of first-time motherhood (as suggested in contemporary fertility theories). However there is a paucity of Australian research about this issue.

A post-positivist approach was used to design a theory incorporating multiple disciplinary perspectives. The theory sought to explain the influence of macro-economic factors on individual lives, and was cognisant of the life course dimension. The ensuing conceptual framework and research questions guided the design of a retrospective cross-sectional study based on a birth cohort ( $n \sim 1000$ , born 1973-75) which was established when women were aged  $\sim 30$  years. A detailed event history instrument was developed to obtain data regarding a range of life domains including pregnancy, partnering, education, and employment (sometimes as detailed as monthly intervals). Time-varying and time-constant survival analysis techniques were applied within a life course framework to examine the effects of precarious employment on age at first childbirth (taking into account educational attainment and other influential factors), with a sub-set of the study cohort ( $n=230$ ).

This project is innovative at a number of levels. For the first time within the public health domain, an argument is presented for the relevance and significance of the contemporary social issue of older age at first childbirth. From an epidemiological perspective, the project offers advances in a number of areas, including theory-building

(particularly in the convergence of life course and hierarchical perspectives) and engagement with a relatively new exposure variable (precarious employment). The project contributes substantially to the sub-discipline of life course epidemiology, in the following ways: (1) collection of fine-grained life course data (event history data as opposed to cross-sectional or successive point-in-time measures); (2) improvement of techniques to collect high quality retrospective data (type of survey instruments and fieldwork procedures); and (3) presentation of a framework for the use of survival analysis techniques to complement life course theories.

This PhD thesis presents and discusses each stage of project development and execution, including theory-building, survey design, fieldwork, and construction of the analysis framework, culminating in a description of preliminary data analyses conducted (n=230) and results obtained. In this thesis the intellectual contributions arise from the combined work on theoretical, methodological and analytical frameworks. They will form the basis of future (postdoctoral) analyses to be conducted with the entire dataset.

Results from this project will contribute to the growing evidence base highlighting detrimental impacts of globalisation and recent changes to labour market institutions on the lives of individuals. Ultimately the study findings may help to shape policy which enables women and their partners to have children (if desired) at a time in the life course which is most conducive to their health and to the health of their children.

## DECLARATION

This work contains no material which has been accepted for the award of any other degree or diploma in any university or other tertiary institution to Emily Steele and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text.

I give consent to this copy of my thesis, when deposited in the University Library, being made available for loan and photocopying, subject to the provisions of the Copyright Act 1968.

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Signed: .....

Emily Jane Steele

Date: .....

## **AWARDS AND MERITS ARISING FROM THIS THESIS**

- 2009 Early Career Award, Australasian Epidemiological Association: \$500.  
(Declined due to personal circumstances preventing travel).
- 2007 Mutual Community Postgraduate Travel Grant: \$2 500.
- 2007 University of Adelaide Faculty of Health Sciences Research Committee  
Postgraduate Travelling Fellowship: \$1 000.
- 2007 Invited participant, the European Consortium for Social Research and the  
European Science Foundation TransEurope Research Network 5-day  
summer school, Groningen, The Netherlands (August 27-31 2007).
- 2007 Student bursary from the European Science Foundation TransEurope  
Research Network to attend summer school (see previous item): \$1 400.
- 2007 Respondent's Prize, State Population Health Conference (award for best  
presentation as determined by chairs and expert respondents for  
presentation sessions).
- 2005-2009 National Health and Medical Research Council Public Health  
Postgraduate Research Scholarship: \$78 927.

## CONFERENCE PRESENTATIONS ARISING FROM THIS THESIS

**Steele E**, Giles L, Davies M and Moore V. *Neo-liberalism and precarious employment: do they play a role in older first-time motherhood, and for whom? Preliminary results from the Life Journeys of Young Women Project*. (Oral presentation). Australian Women's and Gender Studies Association annual conference 'Emerging Spaces: New Possibilities in Critical Times'. Adelaide, Australia, June 30-July 2, 2010.

**Steele E**, Giles L, Davies M and Moore V. *Financial insecurity in young adulthood: does this play a role in older first-time motherhood, and for whom?* (Poster presentation). 6th Australian Women's Health Conference. Hobart, Australia, May 18-21, 2010.

**Steele E**, Moore V and Davies M. *Does financial uncertainty play a role in delayed childbearing: a progress report*. (Oral presentation). State Population Health annual conference 'Public Health Research for the Real World.' Adelaide, Australia, October 18, 2008.

**Steele E**, Moore V and Davies M. *Does financial uncertainty play a role in delayed childbearing?* (Oral presentation). State Population Health annual conference 'Population Health Impact of Health Services Research.' Adelaide, Australia, October 20, 2007.

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**Steele EJ**, Moore VM and Davies MJ. *A novel approach to a much-discussed issue: how do economic factors impact on the timing of first childbirth?* (Oral presentation). Australian Population Association 13th Biennial Conference 'Population, Policy & Australia's Destiny'. Adelaide, Australia, December 5-8, 2006.

## **INVITED SPEAKER ADDRESSES ARISING FROM THIS THESIS**

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Invited panel member for session entitled 'Social, Psychological and Behavioural Aspects Behind the Choice to have Children'. Scheduled session was part of the National Population and Family Planning Commission of P.R. China Human Rights and Family Planning Study Visit., sponsored by the Human Rights and Equal Opportunity Commission of Australia, and the China-Australia Human Rights Technical Cooperation Program. Adelaide, Australia, June 3, 2007.

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## ABBREVIATIONS

ABS	Australian Bureau of Statistics
AFBM1	Age at first birth minus one year
ART	Assisted reproductive technologies
C	Casual
CI	Confidence interval
EHC	Event History Calendar
FT	Full-time
FTC	Fixed-term contract
HILDA project	Household, Income and Labour Dynamics of Australia project
IVF	In-vitro fertilisation
LJYWP	Life Journeys of Young Women Project
NILF	Not in the labour force
NLC project	Negotiating the Life Course project
OR	Odds ratio
P	Permanent
PCC	Participant Completed Calendar
PT	Part-time
SE	Self-employed
SEIFA	Socio-Economic Index for Areas
SES	Socio-economic status
UE	Unemployed