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Drought adversely affects tuber development and nutritional quality of the staple crop cassava (*Manihot esculenta* Crantz)

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1 **Title:** Drought adversely affects tuber development and nutritional quality of the staple crop
2 cassava (*Manihot esculenta* Crantz)

3

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12

13 **Keywords:** Water-stress, climate change, cyanogenesis, cyanogenic glycosides, chemical
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15

16 **Summary**

17 Cassava is a staple for over 850 million people, but it is toxic unless properly processed. A
18 monotonous cassava diet often coincides with outbreaks of diseases such as konzo, especially
19 during droughts. The concentration of cyanogenic glucosides in young tubers was 4-fold
20 higher when plants were water-stressed, but was lower following re-watering. We conclude
21 that any expansion of cassava into new areas must be accompanied by knowledge of
22 appropriate methods for detoxification, especially in areas increasing in aridity due to climate
23 change.

24

25

26 **Abstract**

27 Cassava (*Manihot esculenta* Crantz) is the staple food source for over 850 million people
28 worldwide. Cassava contains cyanogenic glucosides and can be toxic to humans, causing
29 paralysing diseases such as konzo, and even death if not properly processed. Konzo
30 epidemics are often associated with times of drought. This may be due to a greater reliance
31 on cassava as it is drought tolerant, but it may also be due to an increase in cyanogenic
32 glucosides. Episodic droughts are forecast to become more common in many cassava-
33 growing regions. We therefore sought to quantify the effect of water-stress on both yield and
34 cyanogenic glucoside concentration (CNc) in the developing tubers of cassava. Five month-
35 old plants were grown in a glasshouse and either well-watered or droughted for 28 days. A
36 subset of droughted plants was re-watered half way through the experiment. Droughted plants
37 had 45% fewer leaves and lower tuber yield, by 83%, compared to well-watered plants. CNc
38 was 2.9-fold higher in the young leaves of droughted plants, while CNc in tubers from
39 droughted plants was 4-fold greater than in tubers from well-watered plants. Rewatered
40 plants had a similar biomass to control plants, and lower CNc than droughted plants. These
41 findings highlight the important link between food quality and episodic drought.

42

43

44 **Introduction**

45 Cassava (*Manihot esculenta* Crantz) is the sixth most important crop in terms of global
46 annual production, and is the main staple crop of approximately 850 million people world-
47 wide (FAOSTAT 2011). It is very hardy and can be grown under a wide range of
48 environmental conditions (Burns *et al.* 2010). It is consumed widely in South America, Asia
49 and the Pacific Islands, but is of particular importance in sub-Saharan Africa (Nhassico *et al.*
50 2008, FAO 2009, Montagnac *et al.* 2009). Although consumption is widespread, cassava can
51 be toxic to humans because it contains the cyanogenic glucosides linamarin and lotaustralin,
52 which break down to release toxic hydrogen cyanide (HCN) in sufficient concentrations to be
53 toxic (Cliff *et al.* 1985, McKey *et al.* 2010, Nzwalo and Cliff 2011).

54

55 All parts of cassava are cyanogenic, but the concentrations are highest in the leaves and the
56 periderm (or peel) of the tuberous root. The starchy parenchyma (or flesh) of the tuberous
57 roots, the part most commonly eaten, is much less cyanogenic (Jørgensen *et al.* 2005;
58 Montagnac *et al.* 2009). Despite their toxicity, the leaves of cassava are also eaten in some
59 countries, including Madagascar and Mozambique (Cardoso *et al.* 2005), because they are
60 higher in protein than the tuberous roots. If not properly processed, the consumption of
61 cassava can directly cause serious illness or death. In addition to acute toxicity, a monotonous
62 cassava diet is associated with chronic diseases such as konzo and tropical ataxia (Cliff *et al.*
63 1985). Konzo epidemics are more common during times of drought or when access to
64 alternative food is limited by social or environmental factors (Ernesto *et al.* 2002, Nhassico *et al.*
65 2008; Nzwalo and Cliff 2011). The association between konzo epidemics and drought was
66 first identified in 1980 when there was a major drought in the Nampula region of
67 Mozambique. The increased incidence of konzo at this time was associated with higher
68 urinary thiocyanate levels, indicating cyanide intoxication. The people were highly dependent
69 on cassava during this drought, but the underlying reason for the link was unclear (Cliff *et al.*
70 1985). Later epidemics of konzo were also associated with a monotonous cassava diet (Cliff
71 *et al.* 1994). Subsequent studies found that flour produced from cassava tubers in drought
72 years in northern Mozambique contained, on average, three times as much cyanide compared
73 with years when rain was adequate (Ernesto *et al.* 2002; Cardoso *et al.* 2005). This could
74 either be a consequence of less water available for processing cassava to remove cyanogens,

75 or of increased toxicity of the cassava itself, or both (Santisopasri *et al.* 2001; Okogbenin *et*
76 *al.* 2003; Nzwalo and Cliff 2011).

77 Water-stress is a reality in most rain-fed agricultural systems. Climate predictions for
78 southern Africa forecast an increase in episodic droughts and evapo-transpiration (IPCC,
79 2007). Although there are many studies on the effect of drought on the yield and productivity
80 of cassava (e.g. Baker *et al.* 1989; El-Sharkawy 2003; Alves and Setter 2000), there has been
81 little research regarding the effect on cyanogenic glucosides and all of those have been field-
82 based, with a wide range of other variables (Bokanga *et al.* 1994; Santisopasri *et al.* 2001;
83 Okogbenin *et al.* 2003; El-Sharkaway 2003). El-Sharkaway (2003), for example, found that
84 prolonged water-stress resulted in an increased concentration of cyanogenic glucosides in the
85 tubers at harvest. Given that cassava is able to tolerate a wide range of growing conditions
86 (Burns *et al.* 2010), it is not clear how stressed the plants actually were, and whether there
87 were other differences in nutrient supply. Studies of other cyanogenic species have also found
88 that water-stressed plants contain higher concentrations of cyanogenic glucosides, at least in
89 the leaves (Nelson 1953; Gleadow and Woodrow 2002; Woodrow *et al.* 2002). The effect of
90 drought on the concentration of cyanogenic glucosides in cassava has not, to our knowledge,
91 been investigated under controlled conditions. Furthermore, it is also not known whether the
92 cyanogenic glycoside content will change if re-watered after a period of drought, or whether
93 the effects of water-stress on roots and leaves are similar or not.

94 Here we present results of a study in which we grew cassava under controlled conditions to
95 determine the effect of drought and recovery from drought on plant growth and chemistry,
96 independent of temperature or nutrient supply. Growth, biomass partitioning and chemical
97 composition were measured, including concentrations of cyanogenic glucosides. Our
98 hypothesis was that if cyanogenic glucosides are constitutive, then any increase in
99 concentration resulting from water-stress will persist after re-watering. On the other hand, if
100 cyanogenic glucosides are labile, as suggested by Møller (2010), then any increase in
101 cyanogenic glucosides associated with drought will be transient and re-watered plants will
102 have the same toxicity as plants that received water for the duration of the experiment.

103

104 **Methods**

105 *Plant material and growing conditions*

106 Twenty-four cassava plants (*Manihot esculenta* Crantz cv. MCol 1468) were propagated
107 clonally in coarse sand from a single parent plant. Each cutting had at least two nodes and
108 was ca. 50 mm in length. Cuttings arising from different parts of the parental stem were
109 distributed evenly across all treatments to account for potential differences in growth due to
110 cutting origin (Jørgensen *et al.* 2005). After sprouting, the cuttings were transferred to 140
111 mm diameter (1.3 L) plastic, free-draining pots, containing 0.9 kg of a commercial potting
112 mix ('Potting mix', Richgro, Australia), and transferred to a glasshouse. One hundred days
113 after planting, the plants were then transferred to 250 mm diameter (8 L) plastic, free-
114 draining pots, containing 5.5 kg of a 50:50 mixture of commercial potting mix (as above) and
115 washed, coarse river sand. This mixture, which is referred to as "soil" hereafter, provided a
116 growth media which has uniform drainage characteristics, and allowed for ready extraction of
117 roots at the time of harvest. To each pot, a 10 mm layer of small, white polystyrene beads
118 was placed on the soil surface, to minimise evaporative water loss from the soil. All plants
119 were grown in a glasshouse on the Clayton campus of Monash University, Australia (March–
120 October 2010). Mean day/night temperature (measured at 10 min intervals) was $18.8 \pm$
121 0.20°C / $16.9 \pm 0.03^{\circ}\text{C}$. Day length was extended to 18 h, beyond the normal photoperiod
122 using sodium lamps (MK-1 Just-a-shade, Ablite Australia). Mean daily photon load was
123 495.1 ± 108.6 mol quanta m^{-2} . Plants were watered twice a week with tap water, and once a
124 week with liquid nutrient solution ('THRIVE', Yates, Australia), from propagation through to
125 the commencement of different watering regimes.

126

127 *Drought treatments*

128 This experiment included three experimental treatments. Plants were either droughted
129 ('drought treatment', hereafter), droughted and then re-watered ('re-watered treatment',
130 hereafter) or well-watered for the duration of the experiment ('control', hereafter). These
131 treatments were applied in May 2010, 123 days after the transplanting (see above). The
132 control treatment was established by watering plants to 100% of field capacity (FC;
133 determined following Asghari and Cavagnaro, 2011) until the end of the experiment, 151
134 days after planting. The drought treatment was established following Khan *et al.* (2003) by
135 withholding water from the plants (123 days after transplanting) until a soil moisture content
136 of 25% of FC was achieved, and then maintaining the soil moisture content at 25% of FC
137 until the end of the experiment (151 days after planting). The re-watered treatment was

138 established as for the droughted treatment (see above), except that 14 days after the drought
139 treatment commenced (i.e. 137 days after transplanting), watering was resumed to achieve a
140 soil moisture content that was 100% of FC until the time of harvest (151 days after planting).
141 Plants in all treatments were weighed on a daily basis to monitor soil moisture content (Fig.
142 1). Each of the watering treatments was replicated eight times; although two replicates from
143 the control treatment were excluded because one failed to establish from the cutting, and the
144 other developed multiple stems, whereas all other plants had a single stem.

145

146 *Sampling*

147 Leaf samples were taken during the drought phase (starting 123 days after transplanting – see
148 above) of the experiment to monitor changes in leaf chemistry (cyanogenic glucoside
149 concentrations (CNC) see below), as follows. Two leaf disks (5 mm diameter) were excised
150 from the middle of the centre lobe of the third fully-expanded leaf of each plant (avoiding the
151 midrib), using a hole-punch, at midday on days 0, 14, and 28 of the drought phase of the
152 experiment. At the same time the leaf disks were taken on days 14 and 28 of the drought
153 phase of the experiment, half of the third fully-expanded leaf from each plant was removed,
154 weighed and placed in a Petri dish of distilled water for 24 h, re-weighed to determine
155 hydrated weight, and then dried at 60°C for 48 h for dry weight determination. Leaf relative
156 water content was then calculated by dividing the difference between fresh weight and dry
157 weight by the difference between hydrated weight and dry weight (Blomstedt *et al.* 1998). As
158 a measure of plant physiological stress, F_v/F_m , the ratio of variable to maximum chlorophyll
159 *a* fluorescence, was measured for the third fully expanded leaf using a chlorophyll
160 fluorometer on day 28 (WALZ, PAM-210).

161

162 *Harvest*

163 Plants were destructively harvested 28 days after imposition of watering treatments (i.e. 151
164 days after planting). For measurement of leaf chemistry (see below), two leaf disks (5 mm
165 diameter) were excised from the third fully expanded leaf, which had expanded during the
166 drought phase of the experiment. All leaves were then removed from the plants, weighed, and
167 leaf areas measured. The plant stems were cut at the soil surface and weighed. The roots were
168 then carefully washed from the soil with water and separated into fine roots and tuberous

169 roots (>5 mm diameter). The tuberous roots were further separated into the outer pericarp
170 layer (referred to as ‘peel’, hereafter) and the inner flesh layers (referred to as ‘flesh’,
171 hereafter). A sample of tuber flesh (1 cm³) from the largest tuber for each plant was excised
172 from the widest point of the tuberous root, weighed and analysed chemically. For
173 consistency, the largest tuber was selected, as this is the tuber that is most likely to be eaten
174 by consumers. All remaining plant material was dried at 60°C for 72 h, weighed, and ground
175 to a fine powder for later analysis.

176

177 *Plant chemical analysis: $\delta^{13}\text{C}$ and cyanogenic glucosides*

178 Carbon isotope discrimination ($\delta^{13}\text{C}$, a measure of water-stress) was determined on dried and
179 ground samples of the third fully expanded leaf of each plant at harvest, with an on-line mass
180 spectrometer (Isochrom, VG Microtech, UK) after combustion in an elemental analyser
181 (Carlo Erba 1110, ThermoQuest, Australia). Cyanogenic glucosides were measured as
182 cyanide (CNc) evolved from fresh leaf disks and root samples (ca. 10 mg; see above)
183 incubated in a 0.1 M phosphate buffer (pH 6.5) in sealed vials (Gleadow *et al.* 2011).
184 Cyanide captured in an internal well containing 1 M NaOH was determined using a
185 colorimetric assay, with NaCN as a standard (Woodrow *et al.* 2002). Tissue was then rinsed
186 and dried for 24 h at 60°C and CNc determined on a dry weight basis.

187

188 *Calculations and data analysis*

189 Harvest index was calculated by dividing the total tuber dry weight by the total plant dry
190 weight. The original stem cuttings used to establish the clones were excluded from biomass
191 determinations. Growth characteristics and chemical concentrations were analysed by
192 ANOVA (Zar 2010). Plant biomass plotted against total plant cyanide was analysed by
193 regression analysis. Log transformations were performed where necessary and Tukey’s tests
194 ($P = 0.05$) were used post-hoc to compare significantly different means. Data analysis was
195 performed in R (R development core team 2009) and JMP 9 (SAS Institute Inc.).

196

197

198 **Results**

199 *Biomass, morphology and physiology*

200 The RWC of leaves (Table 1) 14 and 28 days after the commencement of the drought
201 experiment was significantly lower in plants in the droughted treatment (mean RWC = 86.0%
202 throughout the experiment) than those in the control treatment (mean RWC = 90.5%
203 throughout the experiment). The final leaf RWC of plants that were initially droughted and
204 then re-watered was similar to that of the control plants. Consistent with this, $\delta^{13}\text{C}$ values for
205 leaves that had expanded during the drought phase of the experiment (Table 1), were
206 significantly higher (i.e. less negative) in the droughted treatment than the control and re-
207 watered treatments. No differences in the ratio of leaf FW to DW, or in the chlorophyll
208 fluorescence parameter Fv/Fm, were detected between any of the treatments at the final harvest
209 either (data not shown).

210

211 At the final harvest, the total biomass (DW) of droughted plants was almost half that of
212 control plants, with re-watered plants intermediate (Table 2). Droughted plants had
213 significantly fewer leaves than the control and re-watered treatments, and lower overall shoot
214 biomass than plants in the control treatment; however, no significant difference in specific
215 leaf area or root: shoot ratio was detected between treatments (Table 2). While fine root
216 biomass of droughted plants was similar to re-watered and control plants, droughted plants
217 had fewer tuberous roots and a lower overall tuberous root biomass (Table 2). Further, two
218 droughted plants did not produce any tubers at all. As a result, the harvest index (i.e. tuberous
219 root mass as a proportion of total biomass) of droughted plants was less than the harvest
220 index of both control and re-watered plants (Table 2).

221

222 The number of leaves per plant at the time of harvest in the drought treatment was half that of
223 those in the (well-watered) control treatment (Table 2). The number of leaves on re-watered
224 plants was marginally, albeit not significantly, less than in the control treatment, and
225 significantly higher than on plants in the drought treatment. The reduction in leaf number in
226 the drought treatment was due to both an increase in the number of fallen leaves, and fewer
227 new leaves developing during the drought phase of the experiment (data not shown). Across
228 all leaves, mean leaf size of droughted plants was similar to control plants, but the mean leaf

229 size of re-watered plants was 41% higher compared to that of droughted plants ($P=0.0303$;
230 data not shown).

231

232 *Plant chemical composition*

233 In order to determine the impact of drought on the distribution of cyanide within the plant,
234 cyanide concentration (CNc) of the third fully expanded leaf of all plants was measured over
235 time (0, 14 and 28 days) following initiation of the watering treatments. At day 0 there was
236 no significant difference in CNc between plants assigned to different watering treatments
237 ($F_{2,19}=1.73$, $P=0.204$, Fig. 2). Fourteen days after the imposition of watering treatments,
238 foliar CNc of all droughted plants was more than double that of control plants ($F_{2,22}=6.76$,
239 $P=0.0057$). At day 28, leaf CNc was significantly higher in droughted plants than in both re-
240 watered and control plants ($F_{2,18}=8.98$, $P=0.002$), and was 189% higher than the initial (day
241 0) foliar CNc of droughted plants ($F_{1,13}=16.8$; $P=0.001$). This difference in CNc between
242 treatments is not a consequence of differences in leaf size, as the mean leaf area of the third
243 fully expanded leaf at harvest was similar (data not shown).

244

245 At the time of harvest, the CNc of dried flesh of the largest tuber was significantly higher in
246 the droughted plants, than in plants from the re-watered and control treatments (Table 2).
247 Because, on average, individual tubers in the droughted treatment were also significantly
248 smaller than in control or re-watered treatments (data not shown), the relationship between
249 tuber size (i.e. developmental stage) and tuber CNc was further investigated. The CNc of a
250 subset of tubers within a smaller size class (<500 mg DW) was compared. This size class was
251 selected based on a clear break in the distribution of tuber size, and also included the majority
252 of tubers from droughted plants, with $n=14-18$ tubers from each treatment. Further, mean
253 tuber size did not differ between treatments within this size class ($F_{2,48}=2.08$, $P=0.14$; data
254 not shown). Despite similar mean tuber size, tuber CNc was significantly higher in small
255 tubers from the droughted treatment, compared to those from the control treatment, with
256 tubers from the re-watered plants having intermediate CNc, similar to both the droughted and
257 control treatments (Table 2).

258

259 **Discussion**

260 Periodic early drought affected growth and CNc in the edible portions of the staple food crop
261 cassava. Re-watering of droughted plants resulted in a recovery of the plants in terms of
262 water content and cyanide concentration, and to a lesser extent, plant biomass. Together these
263 results indicate that early drought can have a significant effect on the growth and nutritive
264 value of cassava, but that cassava has some capacity to recover from an early drought of short
265 duration. Results are discussed in the context of the physiological response of cassava to
266 drought, and the potential consequences for growers and consumers of this important staple
267 crop.

268

269 The droughting of cassava plants resulted in a reduction in leaf relative water content (RWC)
270 and an increase in leaf $\delta^{13}\text{C}$ values. Interestingly, Fv/Fm (of the third fully expanded leaf), a
271 measure of plant physiological stress (Maxwell and Johnson 2000), did not change with
272 watering regime. This is consistent with the observation that following initiation of the
273 drought treatment, the plants dropped leaves (reduced leaf number), and those leaves that
274 were retained showed no clear indication of water stress (Fv/Fm or wilting) and had greater
275 water use efficiency ($\delta^{13}\text{C}$). Our experiment was conducted using temperatures at the lower
276 end of the range at which cassava is grown. Cassava is grown, for example, up to 1800m
277 elevation in east Africa (Bokanga *et al.* 1994) and can tolerate temperatures as low as 10 °C.
278 It is likely that higher temperatures would exacerbate the effect of drought and further
279 controlled studies of the interactive effects of drought and temperature on CNc are warranted.
280 Earlier studies have shown that cassava can decrease water loss through closing its stomata,
281 which are very sensitive to changes in VPD and soil moisture (Setter and Fregene 2007), and
282 decreasing leaf area through arrested development and abscission (Conner *et al.* 1981; Alves
283 and Setter 2000; Burns *et al.* 2010). Our data also suggest that following drought, cassava
284 would be able to quickly resume growth when conditions become more favourable. Such
285 rapid recovery in growth and leaf canopy has been observed by others (e.g. El-Sharkawy
286 1993; Connor *et al.* 1981; Baker *et al.* 1989; El-Sharkawy 1993).

287

288 The large reduction in yield can be largely attributed to the loss of photosynthetic area, as has
289 been observed previously (Baker *et al.* 1989; Setter and Fregene 2007). Although re-watering
290 of the plants resulted in a recovery of total plant biomass, the final tuber biomass (the main

291 edible part of the plants) of the re-watered plants was less than that of the well-watered
292 control plants. The timing of the period of water stress (e.g. during tuber filling or initiation
293 period) and the cultivar of cassava seem to influence recovery and the degree of
294 compensatory growth (Conner *et al.* 1981; Santisopasri *et al.* 2001; El-Sharkawy 1993,
295 2003). Baker *et al.* (1989) found that there was an even greater impact on tuber yield when
296 water was limited towards the latter part of the growing season. Here we focused on the early
297 stages of tuber development, and stress that longer-term effects of periodic drought on plant
298 growth also need to be taken into consideration.

299

300 We found that leaf and tuber CNC were higher in droughted plants compared to well-watered
301 plants. Furthermore, irrespective of the effects of drought on tuber size and development, the
302 CNC of small tubers was higher under drought. Similarly, increases in leaf CNC in droughted
303 plants observed here were not a consequence of differences in leaf size. The tuber results are
304 consistent with those of Santisopasri *et al.* (2001) who found that the CNC of tuberous roots
305 grown in the field was highest towards the end of the drought period but lowest at the
306 beginning of the drought period (after the rainy period). This increase in CNC with drought is
307 also consistent with findings for a diverse range of other species such as *Sorghum bicolor* (L.)
308 Moench (Nelson 1953) and *Eucalyptus cladocalyx* F. Muell. (Gleadow and Woodrow 2002).
309 Cyanogenic glucosides are both turned over and transported throughout the cassava plant
310 (Møller 2010). Selmar (1994) and more recently, Siritunga and Sayre (2004) and Jørgensen *et*
311 *al.* (2005) found that cyanogenic glucosides in cassava are synthesised almost exclusively in
312 the leaves, and then transported to the roots for storage. High levels of leaf loss under
313 drought, as observed in our study, may cause resources (including the remaining cyanide) to
314 be drawn back from the senescing leaves and transported to other parts of the plant, such as
315 the younger, more vulnerable leaves, and the tuberous storage roots (Munne-Bosch and
316 Alegre 2004). Importantly, the tuber yield of re-watered plants was similar to the control
317 plants and tuber CNC was less than in droughted plants. This again points to cassava having a
318 highly plastic response to episodic drought, both in terms of growth and chemical
319 composition.

320

321 The findings presented here provide a better understanding of the response of cassava to short
322 episodes of early drought followed by water availability, which is common in natural

323 environments. The increased incidence of konzo during times of drought may be explained
324 by the increased CNC in the plants, along with an increased reliance upon cassava (due to the
325 failure of other less drought tolerant crops), and decreased availability of water for the
326 detoxification of cassava foodstuffs. The findings of this study are relevant to efforts
327 promoting cassava as a suitable crop in areas likely to become drier with climate change (El-
328 Sharkawy 2003; IPCC 2007; McKey *et al.* 2010). We contend that any expansion of cassava
329 must be accompanied by development activities that help to ensure that growers of cassava
330 are aware of the need for, and appropriate methods to, detoxify cassava (Nhassico *et al.* 2008;
331 Bradbury and Denton 2010), especially in times of drought.

332

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338

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- 427

428 **Table 1.** Relative water content and carbon isotope signatures ($\delta^{13}\text{C}$) of third fully expanded
 429 leaf of cassava grown under drought, re-watered and well-watered (control) treatments.
 430 Relative water content (RWC) was measured on days 14 and 28 and carbon isotope signature
 431 ($\delta^{13}\text{C}$) at day 28. Re-watered plants were droughted for 14 days and then watered to field
 432 capacity until harvest. Means (\pm SE) with different letters are significantly different at the
 433 $P < 0.05$ level (n=8 except for (well-watered) control plants where n=6).

	Droughted	Re-watered	Control
Relative water content (%)			
Day 14	86.0 \pm 1.5 ^a	86.9 \pm 1.1 ^{ab}	91.0 \pm 0.7 ^b
Day 28	85.9 \pm 1.3 ^a	88.8 \pm 0.5 ^{ab}	90.4 \pm 0.5 ^b
Leaf $\delta^{13}\text{C}$ (‰)			
Day 28	-22.2 \pm 0.2 ^a	-24.4 \pm 0.3 ^b	-24.1 \pm 0.4 ^b

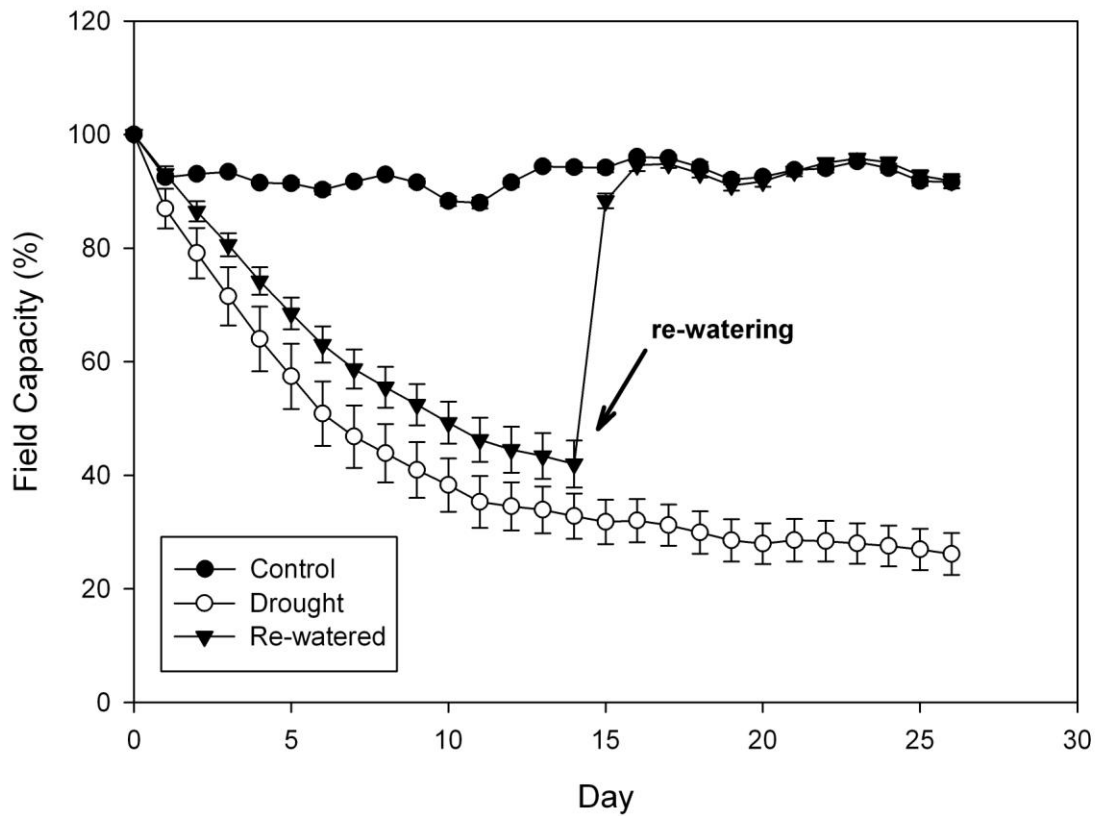
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435 **Table 2.** Growth characteristics and tuber cyanogenic glucoside concentration at harvest of cassava in droughted, re-watered and well-watered
 436 (control) treatments. Re-watered plants were watered to field capacity on day 14. Means (\pm SE) with the same letter are not significantly
 437 different at the $P < 0.05$ level (n=8 except for the (well-watered) control treatment where n=6).

	Drought	Re-watered	Control
Plant growth characteristics			
² Total plant (g dw)	14.5 \pm 2.2 ^a	23.7 \pm 2.2 ^b	29.3 \pm 3.8 ^b
² Aboveground biomass (g dw)	7.0 \pm 1.5 ^a	14.0 \pm 1.0 ^{ab}	16.1 \pm 1.1 ^b
¹ Leaf number	8.0 \pm 1.8 ^a	13.4 \pm 0.8 ^b	15.7 \pm 1.4 ^b
³ Specific leaf area (cm ² g ⁻¹)	85.0 \pm 13.6 ^a	68.1 \pm 1.3 ^a	70.0 \pm 1.1 ^a
⁴ Number of tubers per plant	2.6 \pm 0.7 ^a	3.8 \pm 0.5 ^{ab}	5.8 \pm 0.7 ^b
Total tuber mass (g dw)	1.4 \pm 0.7 ^a	5.1 \pm 1.4 ^{ab}	8.3 \pm 2.1 ^b
Fine roots (g dw)	6.1 \pm 1.3 ^a	4.6 \pm 0.5 ^a	4.9 \pm 0.8 ^a
Root: shoot	1.4 \pm 0.3 ^a	0.7 \pm 0.1 ^a	0.8 \pm 0.1 ^a
Harvest index (%)	7.6 \pm 2.7 ^a	19.2 \pm 3.9 ^{ab}	26.3 \pm 3.4 ^b
Tuber CNC (mg g⁻¹ dw)			
Largest tuber flesh	1.24 \pm 0.22 ^a	0.50 \pm 0.19 ^b	0.29 \pm 0.20 ^b
⁵ Small tuber flesh	2.26 \pm 0.44 ^a	1.48 \pm 0.33 ^{ab}	0.85 \pm 0.16 ^b

438 ¹Leaf number = number of attached leaves at harvest; ²Unattached leaves at harvest are not included; ³SLA was measured on all attached leaves
 439 at harvest; ⁴Tubers are defined as roots with a diameter >5 mm; ⁵The CNC of a subset of tubers within a smaller size class (<500 mg DW) was
 440 compared (see text for details).

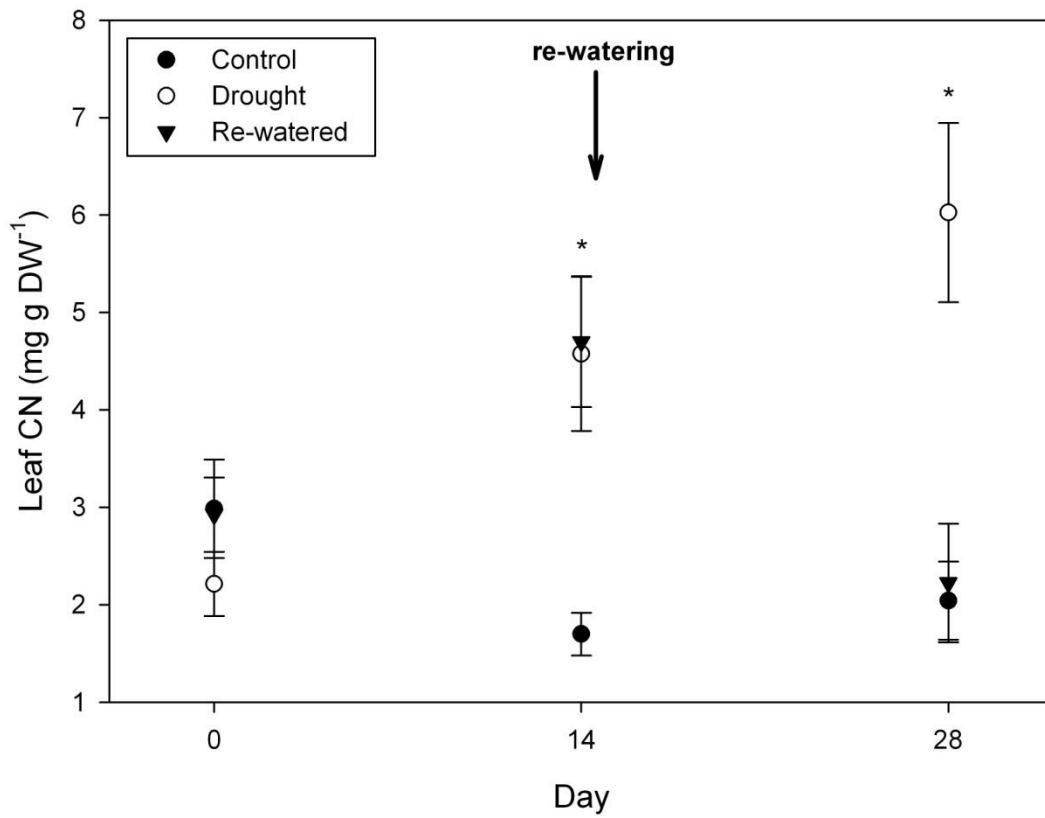
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444 **Fig. 1.** Soil moisture content (% field capacity) under drought (open circles), re-watered
 445 (black triangles) and well-watered (control, black circles) conditions. Values are Means (\pm
 446 SE) of $n=8$ pots except for the (well-watered) control treatment where $n=6$. Re-watered plants
 447 were watered to 100% field capacity on day 14, as indicated by the arrow.

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453 **Fig. 2.** Cyanide concentration (CNc, mg CN g⁻¹ dry weight) of the third fully expanded leaf
454 of cassava grown in drought (open circles), re-watered (black triangles) and well-watered
455 (control, black circles) treatments for 28 days (\pm SE, n=6-8). Re-watered plants were watered
456 to 100% field capacity on day 14, after cyanide sampling, as indicated by the arrow. *
457 indicate significant differences between treatments at $P < 0.05$ at each time point.

458